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Blog for Women Tracks Trends, Hot Topics, Success Stories Life Coach Ann Daly Writes “Women, Clarity & Power”

AUSTIN, TX—With her new blog, **“Women, Clarity & Power,”** life coach Ann Daly PhD offers media professionals a resource for tracking the trends, hot topics, and success stories in women’s lives.

“The blog is my way of extending the conversation about gender,” says Dr. Daly, author of *A Year of Clarity: The Monthly Guide for Women* (\$16.95, Wollemi Pine Press. “Women have not yet achieved parity in the workplace and remain the primary childcare provider at home. As women, we’re looking for strategies and real life stories that will help us live with clarity of purpose and confidence in our choices.”

Formerly a women’s studies professor, Dr. Daly is an expert on the changing lives of women. As a life coach, keynote speaker, and author, she addresses the challenges women face as they pursue their ambitions for meaningful work, family, and community impact.

“Women, Clarity & Power” offers media professionals a resource for tracking trends, hot topics, and success stories. It features interviews, commentary, and book reviews such as:

- Dear Oprah: No More Kirstie Alley!
- At Work: Turn Frustration into Patience
- “The Unlikely Lavender Queen” by Jeannie Ralston
- Are You Micromanaging Yourself?
- Ann Richards on Setting Priorities
- 10 Questions: Finding Work with a Purpose
- Stress Less: What You Can Learn from “No-Drama” Obama

“Women, Clarity & Power” is available via email subscription and rss feed.

Ann Daly, PhD, is a life coach, speaker, and author based in Austin, Texas. Formerly a women’s studies professor, she is an expert on the changing lives of women. Dr. Daly is the “Transitions” coaching columnist for *Your Austin* magazine and the host of BookWisdom, a salon that encourages books as a resource to inspire and improve

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women's lives. She is also the author of *Clarity: How to Accomplish What Matters Most* and *A Year of Clarity: the Monthly Guide for Women*. Dr. Daly has been featured on Oprah & Friends' "Peter Walsh Show" and in the *Austin-American Statesman*. For more details, visit: www.anndaly.com.

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